

Narrative Therapy

2 x weekly sessions 25 mins for 6 weeks

What is Narrative therapy?

When we talk about 'narrative', we are referring to the ability to tell a story or series of events with precision and clarity. For younger children this will happen verbally, but it also transfers to written work for older children. This is a very complex skill that requires remembering what happened, getting all the parts in the correct order, picking out the key information, finding and using the correct words in sentences and remembering grammar rules!

