

North Yorkshire County Caterers – Autumn Term Menu 2017 – Choice Menu

	WEEK 1 served w/c: 4th and 25th Sept, 16th Oct, 13th Nov, 4th Dec	WEEK 2 served w/c: 11th Sept, 2nd and 30th Oct, 20th Nov, 11th Dec	WEEK 3 served w/c: 18th Sept, 9th Oct, 6th and 27th Nov, 18th Dec
M O N D A Y	Meat Free Monday Quorn Tikka Masala & Brown Rice v Baked Potato with Mixed Beans Broccoli & Sweetcorn Herbie Bread ***** Sticky Toffee Pudding & Custard Fresh Fruit & Yoghurt	v Organic Pork Meatballs in Tomato sauce with Noodles Cheese, Leek & Potato Bake Sweetcorn Peas Wholemeal Bread ***** Arctic Roll & Peaches Fresh Fruit & Yoghurt	V Roasted Vegetable Tomato Pasta Tuna Jacket Peas & Carrots Sunflower Seed Bread ***** Chocolate Semolina & Mandarins Fresh Fruit & Yoghurt
T U E S D A Y	Homemade Sausage Roll v Vegetable Frittata Chipped Potatoes Baked Beans & Peas Sliced Wholemeal Bread ***** Strawberry Yoghurt & Abbey Biscuit Fresh Fruit & Yoghurt	Cottage Pie v Sweet Lentil Curry & Rice Medley of Roasted Vegetables Savoy Cabbage Pitta Bread ***** Apple Cinnamon Crunch Crumble & Custard Fresh Fruit & Yoghurt	Minced Beef & Dumpling v Sweet Potato & Vegetable Bake Savoy Cabbage & Carrots Creamed Potatoes Crusty White Bread ***** Custard Cookie & Apple Wedge Fresh Fruit & Yoghurt
W E D N E S D A Y	Roast Beef & Yorkshire Pudding v Mexican Beans & Rice Roast Parsnips Carrots Creamed Potatoes Crusty Bread ***** Apricot Bar Fresh Fruit & Yoghurt	Roast Chicken, Stuffing & Gravy v Crumbed Topped Vegetable Carrots & Green Beans Parsley Potatoes Herbie Bread ***** Krispie Date Crunch Fresh Fruit & Yoghurt	Chicken Korma & Savoury Rice v Two Bean Hot Pot Broccoli & Cauliflower Naan Bread ***** Fruity Gingerbread & Custard Fresh Fruit & Yoghurt
T H U R S D A Y	Chicken Fingers (Sage & Onion) v Vegetable Lasagne Mixed Salad with Beetroot Baked Potato Pitta Bread ***** Pineapple Shortcake & Custard Fresh Fruit & Yoghurt	Pizza v Stuffed Courgette Veg Sticks Chipped Potatoes Poppy Seed Bread ***** Chocolate Surprise Cake & Chocolate Sauce Fresh Fruit & Yoghurt	Tex Mex Bake (Minced Beef and Potato layer) v Spinach Spaghetti Green Salad & Tomato Salsa Poppy Seed Bread ***** Autumn Marble Berry Sponge & Custard Fresh Fruit & Yoghurt
F R I D A Y	Battered Fish v Cheese Topped Veggie Burger in a Bun Tomato Sauce Peas & Carrots Sticks Potato Wedges Sunflower Seed Bread ***** Chocolate Crispie and Orange Quarter Fresh Fruit & Yoghurt	Breaded Salmon Fillet Tomato Sauce v Macaroni Cheese Broccoli & Carrots Potato Wedges Tomato Bread ***** Swiss Bun Fresh Fruit & Yoghurt	Fish Fingers v Cheese & Potato Quesadilla Sweetcorn & Baked Beans Chipped Potatoes Wholemeal Bread ***** Apple Cake Fresh Fruit & Yoghurt